



# Davis Spine & Orthopaedics

Spine and Orthopaedic Surgeon  
Board Certified and Fellowship Trained

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## A Note about Pain Medication

**If you are in pain management you MUST follow up with them prior to your surgery to discuss post-operative medication as our office will NOT dispense narcotics if you are under contract with a pain management provider.**

The use of oral pain medication continues to be a difficult and controversial problem in postoperative patients. It is certainly our primary concern that we give you enough medication to make you comfortable in the perioperative period. However, when you go home from the hospital, consideration must also be given to limiting that pain medication because of its side-effects and addictive nature. We want to take this opportunity to make you aware of the office policies.

- First, no pain medication prescriptions will be refilled after business hours or on weekends. This requires that you look ahead and plan the use of your medication. Should you need additional medications you can call during regular office hours between **Monday and Thursday**. Please allow 24 hours for refill requests to be fulfilled.
- Second, it is also our policy that oral pain medications not be continued beyond 8 weeks following surgery. There certainly are extenuating circumstances which will be considered on an individual basis. However in general, the use of oral pain medication following surgery will be limited to two months.

There is good scientific evidence to support this limitation based both upon the potential for addiction as well as the ineffectiveness of the chronic oral pain medications.

We would be happy to sit down and discuss either of these policies with you on an individual basis. We do not mean this sheet to take the place of any personal conversation. We do believe it is our obligation to make you aware of these policies so that we can have the best possible doctor-patient relationship.

**\*\*PLEASE DO NOT call the on call physician for refills of medication. There will be a \$150.00 fee for these calls and this fee will not likely be covered by your insurance.\*\***