



# Davis Spine & Orthopaedics

Spine and Orthopaedic Surgeon  
Board Certified and Fellowship Trained

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## **Instructions for Discontinuing Medications before Surgery**

This is a list of some common medications that must be discontinued prior to your procedure. Discontinuing these medications may reduce side-effects and complications during and after your surgery. If you take any of the following medications, **discuss discontinuing with your primary care physician or prescribing physician.**

**Fourteen (14)** days before planned surgery:

- Isocarboxazid (Marplan), Phenelzine (Nardil), Selegiline (Emsam), Tamoxifen (Tamofen), Tranlycypromin (Parnate)

**Ten (10)** days before planned surgery:

- Clopidogrel (Plavix)

**Seven (7)** days before planned surgery:

- Medications containing Aspirin
  - Alka-seltzer, Aspirin, Bayer, Darvon, Ecotrin, Excedrin, Lortab ASA, Midol, Pepto-Bismol
- Non-Steroidal Anti-inflammatory Drugs (NSAIDs)
  - Advil, Aleve, Daypro, Diclofenac, Ibuprofen, Indocin, Indomethacin Midol, Mobic, Mortin, Nabumetone, Naprelan, Naproxen, Naprosyn, Relefen, Toradol, Vicoprofen, Voltaren
- Nutritional and herbal supplements
  - Cinnamon, Fish Oil, Garlic, Ginger, Ginseng, Glucosamine, Glutamine, Multivitamins, Omega-3, St. John's Wort, Vitamin E
- Aspirin-Dipyridamole (Aggrenox)
- Cilostazole (Pletal)
- Prasugrel (Effient)
- Brilinta (Ticagrelor)

**Five (5)** days before planned surgery:

- Arixtra (Fondaparinux), Eliquis (apixaban), Flector Patch, Fragmin (Dalteparin), Innohep (Tinzaparin), Pradaxa (Dabigatran Etexilate), Warfarin (Coumadin), Xarelto (Rivaroxaban)

**\*REMEMBER: You must speak to your primary care physician or prescribing physician before stopping any medications\***