



Davis Spine & Orthopaedics

Spine and Orthopaedic Surgeon
Board Certified and Fellowship Trained

www.DavisSpine.com
2800 Windguard Circle Suite 101
Wesley Chapel, FL 33544

Phone: 813-994-BACK (2225) Fax: 813-438-4494

Pre-Operative Skin Preparation Instructions

Washing your skin before your surgery can reduce the risk of infection at the surgical site. You have been given disposable cloths moistened with a special rinse-free 2% Chlorhexidine Gluconate (CHG) antiseptic solution. Listed below are the instructions to follow carefully.

IMPORTANT!!

Shower or bathe at least 2 hours prior to using the disposable cloths.

DO NOT shave or use hair removal lotions or creams on the area of your body where surgery will be done. Shaving can increase your risk of infection due to nicks from the razor and hair removal lotions can cause irritation of the surgical site.

Once you start prepping your skin, DO NOT apply lotions, creams, moisturizers, powder, or makeup at or near the site of your surgery.

DIRECTIONS:

Step #1

The Night Before Surgery...

- Take your bath or shower. Wait at least 2 hours afterward before using cloths.
- There are 2 cloths per pack.
- Using one of the cloths from the first pack, wipe your surgery site (neck, back, hand foot, etc.) for 3 MINUTES, making sure to moisten the entire area, and then put that cloth into the trash.
- Allow the area to dry for 1 MINUTE.
- Use the second cloth to repeat the cleansing.
- Avoid contact with your eyes, ears, mouth, and genitals.
- DO NOT rinse or towel off. It is normal for the skin to have a temporary “tacky” feel for several minutes after the antiseptic solution has been applied.

Step #2

The Morning of Surgery...

- DO NOT BATHE or SHOWER the morning of surgery. The antiseptic solution should remain on the skin from the previous night’s application.
- Repeat Step #1 with the second pack of wipes.